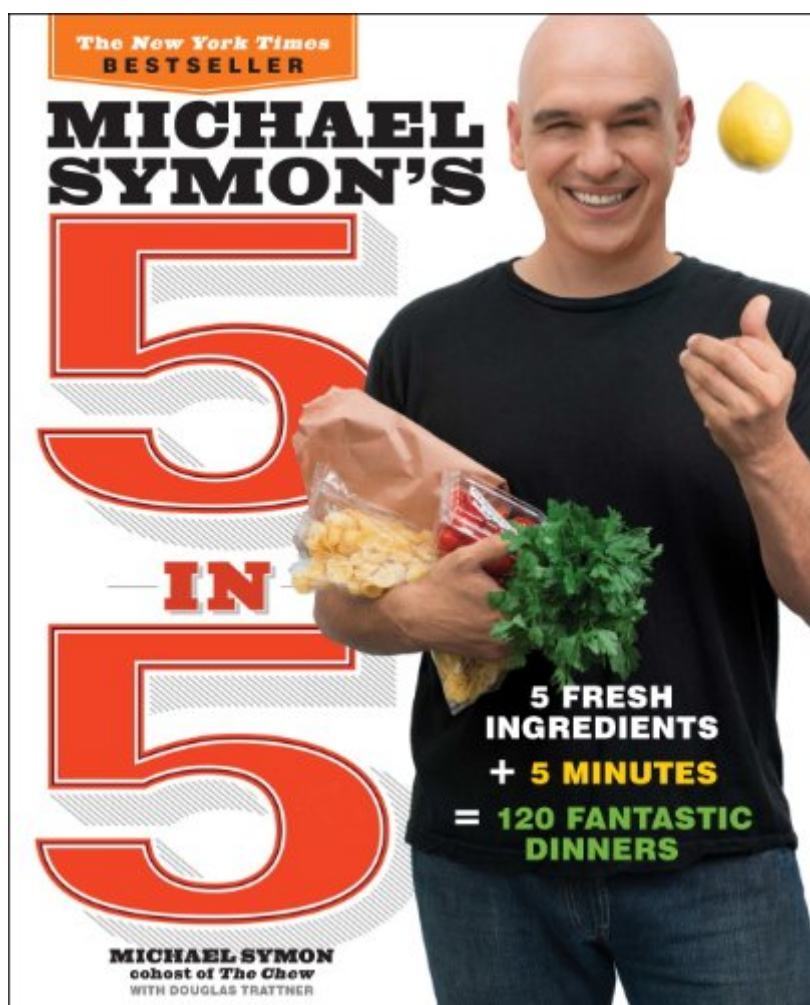


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# Michael Symon's 5 In 5: 5 Fresh Ingredients + 5 Minutes = 120 Fantastic Dinners



## Synopsis

Cohost of The Chew and Food Network Iron Chef Michael Symon shares 120 superfast easy recipes for busy cooks--perfect for weeknights. With his boisterous laugh and Midwestern charm, Michael Symon has become one of the most beloved cooking personalities on television. For ABC's The Chew, he developed a brilliant, simple formula to help home cooks pull together fresh, from-scratch meals on weeknights: a maximum of five fresh ingredients that cook in five minutes. This cookbook ties into the segment, featuring dazzlingly quick, satisfying dinners that the whole family will love. Michael first teaches readers how to set up their pantries with essentials that make whipping up dinner easy. Then he shares 120 recipes for pastas, skillet dinners, egg dishes, grilled mains, kebabs, foil packets, and sandwiches illustrated in 75 photographs. This is streamlined cooking for busy families and firmly solves the "what's for dinner?" conundrum for home cooks everywhere.

## Book Information

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## Customer Reviews

This cookbook has been great. I love that he gives you a list at the beginning of items to always

keep on hand in the pantry (olive oils, balsamic vinegar, pasta, etc.). It made it quick and easy for me to get what I need to stock my pantry. After that it was just picking up a few fresh ingredients for each meal. And they've been YUMMY. :-)

Also, I met him at a book signing for this cookbook last week. Awesome guy. An elderly woman came up to have her book signed and she had a print out from the Internet of a recipe of his. She told him it didn't come out very well! LOL He actually went through the whole recipe with her step by step and discussed with her what to do. And he wrote notes on there for her! Sweetest thing ever. I mean, cute guy who cooks AND is super nice to old ladies? I'm in!

I like this cookbook. I cook from fresh ingredients almost every day. I bought the Kindle edition and use it with the app on my kitchen computer. 5 in 5 is very straightforward, uses ingredients that can be found at any grocery store and the preparation instructions are clear. My teenaged children love to cook dinner and this book is ideal for them. Not too many ingredients, no elaborate preparations or complicated spice blending or marinades. The dressings are simple, substitutions are offered, so you can use what you have on hand and still make something good. There's even a section of food pairings and combinations that feature what tastes good with what - that's really good for creating new dishes based on something you've done before. I'm wanting to try some of the sandwich combinations, grill recipes and definitely Symon's version of Chicken Marsala.

If you like The Chew "5 in 5" segments, Michael Symon, and cooking, I would suggest getting this book. The recipes seem to be very easy and one can substitute ingredients to make the meal "user" friendly. The cooking instructions are also "user" friendly. Symon makes food preparation fun.

I like this book overall, but more than a couple of them required a lot more than five minutes to make. I assume that some of this is because they are not including any of the prep time, such as chopping up onions, but even taking that out some of these have taken more than five minutes to cook. That's not all bad, but just something that you should be prepared for. I've enjoyed all of the dishes that I've tried out of this book though, but I was really hoping for the 5 minutes for those times when I really need to make something quick and don't just feel like grabbing things and throwing them in the frying pan to see what happens.

This cookbook is awesome! It has taken more than five minutes to prepare the meals I've cooked so far (at least for me and I consider myself an intermediate level cook) but they are simple and pretty

quick to pull together. I love Michael Symon and watch him pull these recipes together on The Chew and it often takes him a little more than five minutes and he's a professional chef and often has one of the other chefs helping him out (ha,ha), so I won't be so hard on myself for getting it done in about twenty minutes. The meals that I've fixed are delicious and there are a lot of them that I plan to cook that look just as good. I plan to buy his other 5 in 5 cookbook as well. The book was in great condition as described and I would buy from this seller again.

I have already tried half of these recipes and have loved each and every one. The cooking times aren't quite right. You cannot cook a chicken thigh in 5 minutes unless you want to eat raw chicken. Nor can you cook dried pasta in 5 minutes, the water takes that long to come to a boil and all the pastas recommended(except angel hair) cook longer than 5 minutes. You have to use your own judgement as far as meat cooking times go. Most of these recipes do cook in approx 15-20 minutes and they really are delicious and easy to prepare. If you love good food buy this book.

Well it took 40 minutes to get the meal to the table. I made the chicken dish on page 160. The dish tasted fine, but the sauce was watery. I'll try another recipe as they all look so good. Hopefully I'll have better luck next time.

He stretches the 5 minutes of cooking, but the taste and simplicity is stunning, even if it takes more like 10 or 15 minutes. We've made over 10 of the recipes now, and they're exceptional. I'd never have thought that orichette, kale, sausage and parm could combine to make a fantastic meal. We're using 1 or 2 of these a week, we might make everything in here eventually.

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